

QUICK GUIDE TO MRSA DECOLONISATION

To decolonise patients who have tested positive pre-admission or any patients with a previous history of MRSA

Please prescribe

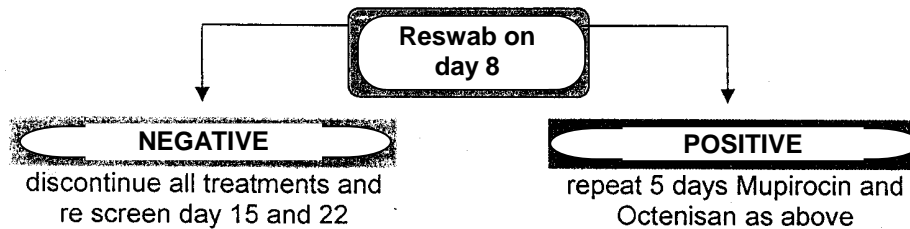
3g Mupirocin nasal ointment tds both nostrils x 5days
150ml Octenisan use as per 5-day wash plan

- Use a small amount of Mupirocin three times daily into both nostrils for 5 days, pinch nostrils together to ensure distribution.
- Follow 5 day washing plan for octenisan below.
- Apply octenisan to hands or disposable cloth.
- Apply to whole body observing a 3 minute contact time with particular attention to armpits, belly button, groin and perineum.
- Rinse off.
- Dry with a clean towel.



Day 1	Day 2	Day 3	Day 4	Day 5
body	body & hair	body	body & hair	body

No treatment on day 6 and 7



If still positive after 2 courses of treatment seek advice from Dr B Faris Consultant Microbiologist or Wayne Goddard, Biomedical Scientist TGH
Tel: 0161 746 2469

Swabbing for MRSA

How to?

- Use a general black charcoal swab available from pathology department.
- Need to take a swab from each nostril (anterior nares) and a swab from the groin area plus any other that the relevant hospital pathology labs request.
- If a dry site, moisten swab with saline solution first.

Where to?

- Send swabs with a microbiology request form to the pathology lab. Indicate site of swab.
- Include reason for swabbing on form ie. pre-op, previous MRSA etc.

Medicines Management Team
July 2009
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