

## Pregnancy Timeline

### Routine care for healthy women who are pregnant for the first time

This timeline is designed to help you understand the timing of screening tests and antenatal care normally expected. This however, may vary and may take place in the antenatal clinic, the community or the hospital environment. If you have any questions concerning your appointments or plans, please discuss with your midwife.

Approximate gestational age	Place of visit	Purpose of visit
8-10 weeks	Midwives clinic or home visit	Booking history Base line blood pressure reading, urinalysis Discuss: diet, toxoplasmosis, smoking cessation, booking bloods / HIV screening, Down's screening. Arrange dating scan Give leaflet pack / pregnancy book
12 weeks	Antenatal clinic Community or Hospital	Booking bloods / HIV screen MSSU for asymptomatic bacteria Dating scan Assess Body Mass Index. For anaesthetic referral if >35. Offer referral to dietician if >30 Review Down's screening, further discussion if required
16 weeks	Antenatal clinic Community or Hospital	B/P, urinalysis Serum screening - discussion, take now if agree (Optional Test)
18-20 weeks	Ultrasound Department	Anatomy scan. Screening for abnormalities (Optional Test)
20-24 weeks	Home visit or community antenatal clinic	<b>Wellbeing assessment / support.</b> Review of the booking history / arrangements. Education pre-eclampsia and pregnancy complications. Feeding checklist/discuss advantages of breastfeeding. Discussion re diet, exercise, smoking cessation, mental health and social needs
25 weeks	Community antenatal clinic	Measure symphysis-fundal height (SFH) B/P, urinalysis
28 weeks	Community or Hospital antenatal clinic	Measurement of SFH, B/P, urinalysis Full Blood Count, Rhesus antibody screen <i>If Rh neg have prophylactic anti-D.</i>
31 weeks	Community antenatal clinic	SFH, B/P, urinalysis Review / discuss blood results
34 weeks	Community antenatal clinic	SFH, B/P, urinalysis FBC
36 weeks	Community antenatal clinic	SFH, B/P, urinalysis Assess presentation
38 weeks	Community antenatal clinic	SFH, B/P, urinalysis
40 weeks	Community antenatal clinic	SFH, B/P, urinalysis
41 weeks	Community or Hospital antenatal clinic	Offer choice of appointment venue if Salford based woman SFH, B/P, urinalysis Offer membrane sweep Offer IOL at T+10