

Greater Manchester NHS Clinical Assessment and Treatment Service (CATS)

Examples of presenting symptoms, conditions and procedures performed

EXCLUSIONS
Under 18 years of age
Clinical emergencies
Suspected cancers - 2 week rule referrals

Full consultant clinical assessment, diagnosis and treatment plan
Fit for surgery assessment carried out for onward referral to secondary care if necessary

ENT

Ear
 Balance problems
 Dizziness
 Inner ear problems
 Vertigo
 Cholesteatoma
 Chronic suppurative
 Otitis Media
 Deafness
 Infection
 Ear wax
 Earache
 Foreign bodies
 Glue ear
 Mastoid problems
 Otitis Externa/Media
 Tympanic perforation

Nose and Throat
 Adenoid problems
 Recurrent Epistaxis
 Foreign bodies
 Sinus problems
 Recurrent tonsillitis
 Nasal septum disorders
 Nasal blockage
 Rhinitis
 Smell disorders.

Head and Neck
 Facial nerve problems
 Neck lumps
 Sub-mandibular lesions
 Cervical lumps
 Facial pain

Procedures performed
 Excision and incision of lesions, irrigation of ear canal, removal of wax removal of foreign body, Nasopharyngoscopy

UROLOGY

Dysuria
 Incontinence
 Retention
 Haematuria
 Epididymal problems
 Foreskin problems
 Loin pain
 Painful testis
 Scrotal lump/swelling
 Testicular lump/swelling
 LUTS
 Recurrent UTI's

Procedures performed
 Cystoscopy, Insertion of catheter, Urodynamics, IVP, Vasectomy

GYNAECOLOGY

Cervical abnormalities
 Post coital bleeding
 Intrauterine contraception
 Irregular bleeding
 Post menopausal bleeding
 HRT
 Premature menopause
 Amenorrhoea
 Dysmenorrhoea
 Vaginal discharge
 Labial lesions/lumps/bumps
 Pelvic mass
 Vaginal lesions
 Pelvic pain
 Prolapse
 Incontinence
 Retention
 Vulval and perineal skin lesions

Procedures performed
 Insertion and removal of IUD, Hysteroscopy, biopsy of lesion of the uterus, biopsy of lesion/s skin, insertion of Hodge pessary into vagina, insertion of ring into vagina, removal of supporting pessary from vagina, introducing of supporting pessary into vagina.

GASTROENTEROLOGY (SURGICAL MEDICAL)

Abdominal distension
 Abdominal pain
 Abdominal mass
 Irritable bowel
 Acid reflux
 Delayed gastric emptying
 Swallowing problems
 Duodenal ulcer
 Dyspepsia
 Epigastric pain
 Gastritis
 Gastro Oesophageal reflux disease
 Biliary symptoms
 Anal problems
 Change in bowel habit
 Rectal bleeding
 Constipation
 Diarrhoea
 Faecal incontinence

ENDOSCOPY

Upper GI Endoscopy,
 Sigmoidoscopy, Colonoscopy,
 Diagnostic Polypectomy,
 Treatment of haemorrhoids and perianal conditions

EMG

OTHER SURGERY

All types of Hernia assessments

Skin lesions e.g. cysts/lipoma/other lumps and bumps

Neck lumps
 Varicose veins
 Claudication

Procedures performed
 Fine needle aspirations, removal of skin and subcutaneous lumps under local anaesthetic

DIAGNOSTIC IMAGING

CT
 MRI
 DEXA
 ULTRASOUND
 DOPPLER
 PLAIN X-RAYS
 IVP

TIME LIMITED THERAPY SIX WEEKS

PHYSIOTHERAPY
 AUDIOLOGY

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ORTHOPAEDIC

General MSK

Arthralgia
Connective tissue disease
Osteoporosis
Osteopenia
Repetitive strain injury
Tendinitis/Bursitis
Fibromyalgia
Gout
Joint pain
Soft tissue injury and sports injury

Foot and Ankle

Foot and/or ankle pain
Hallux Valgus
Hallux Rigidus
Metatarsalgia
Morton's Neuroma
Posterior heel pain
Plantar Fasciitis
Mid-foot Arthritis
Ankle sprains

Hands

Dequervain's Tenosynovitis
Nerve entrapment syndromes
Trigger finger/thumb
Dupuytren's disease
Ganglion

Hips

Hip pain
Greater Trochanteric pain

Knee

Knee pain
Suspected Meniscal tear
Suspected ACL (Anterior Cruciate Ligament) tear
MCL (Medial Collateral Ligament) tear
Loose bodies in knee
Recurrent occasional dislocation or instability of the Patella
Patella mal-tracking
Bakers cyst (popliteal cyst)

Shoulder

Shoulder pain
Rotator cuff pain/pathology
Acromio Clavicular joint injury/instability
Sterno Clavicular joint injury/instability
Osteoarthritis
Inflammatory arthritis
Frozen shoulder (Adhesive Capsulitis)

Elbow pain

Elbow – Lateral Epicondylitis
Medial Epicondylitis (golfers elbow)
Osteoarthritis
Stiffness of elbow
Elbow locking/clicking (loose bodies/instability)
Distal biceps/triceps rupture
Nerve entrapment syndromes

Procedures performed

Joint injections, aspiration of joints, injections of therapeutic substance into joint, physiotherapy treatments, occupational therapy treatments.