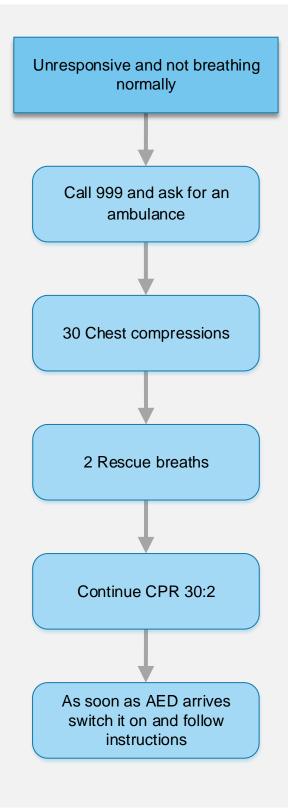
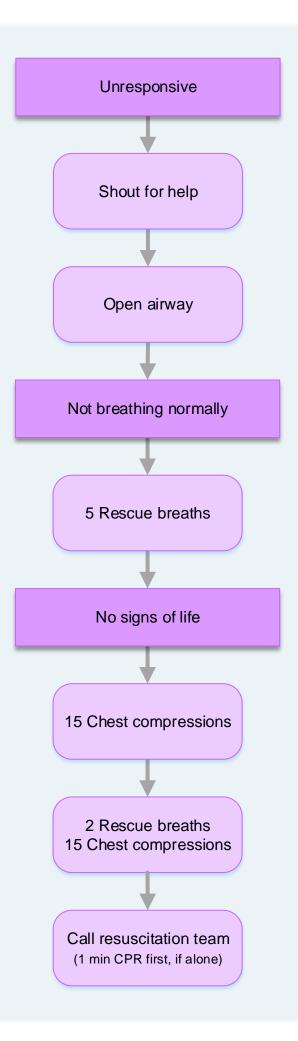
## **Adult Basic Life Support**





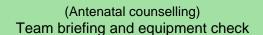
### **Paediatric Basic Life Support**

(Healthcare professionals with a duty to respond)









#### **Birth**

#### Dry the baby

Maintain normal temperature Start the clock or note the time

Assess (tone), breathing, heart rate

#### If gasping or not breathing:

Open the airway
Give 5 inflation breaths
Consider SpO<sub>2</sub> ± ECG monitoring

#### Re-assess

If no increase in heart rate look for chest movement during inflation

#### If chest not moving:

Recheck head position
Consider 2-person airway control and other
airway manoeuvres
Repeat inflation breaths
SpO<sub>2</sub> ± ECG monitoring
Look for a response

If no increase in heart rate look for chest movement

#### When the chest is moving:

If heart rate is not detectable or very slow (< 60 min<sup>-1</sup>) ventilate for 30 seconds

#### Reassess heart rate

If still < 60 min<sup>-1</sup> start chest compressions; coordinate with ventilation breaths (ratio 3:1)

Re-assess heart rate every 30 seconds
If heart rate is not detectable or very slow
(< 60 min<sup>-1</sup>) consider venous access and drugs

Update parents and debrief team

AT

ALL

**TIMES** 

**ASK:** 

# Acceptable pre-ductal SpO<sub>2</sub>

60 s

2 min 60% 3 min 70% 4 min 80% 5 min 85% 10 min 90%

DO

YOU

**NEED** 

HELP?

ncrease oxygen (guided by oximetry if available)